



Week Commencing 11th June 2018



LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Broccoli and brie quiche £2.35 (G, E, L, M, N)	Welsh Glamorgan vegetarian sausages with onion gravy £2.35 (G)	Sundried tomato gnocchi with rocket £2.35 (G, E, M)	Beef tomatoes stuffed with coconut vegetables £2.35 ✓ (G, M, MU)	Vegetable jambalaya £2.35 ✓ (CE, G)
Herby seafood crumble £2.90 (G, CR, F, M, MO)	Roast trout with spinach, sage and prosciutto £2.90 (F, N)	Hake with braised artichokes, peas & bacon £2.90 (CE, F, SD)	Catfish with chipotle & ancho chilli recado £2.90 (I)	Deep fried fish with tartar sauce £2.90 (G)
Breaded chicken with garlic and parsley butter £2.60 (G, E, M)	Denham farm state game & red wine pie £2.60 (CE, G, SD)	Sweet potato and chicken curry £2.60 (CE)	Lamb and root vegetable cobbler £2.60 (CE, G, M)	Chicken, mushroom and tarragon pie with shortcrust pastry £2.60 (CE, G, SD)
Vegetables chimichangers £2.35 ✓ (G, M)	Today's' pasta with choice of two sauces £2.35 (G, E, M, SD)	Spicy chicken pasty with sticky pickle £2.35 (CE, G, E, M)	Today's' pasta with choice of two sauces £2.35 (G, E, M, SD)	Pork fajita £2.60 (G, E, M, SD, S)






If you have any allergies, please notify a member of staff
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DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sweet potato and white bean chilli began £2.35</p> <p><i>(M)</i></p> <p></p>	<p>Baked aubergine stuffed with quinoa and vegetables £2.35</p> <p><i>(I)</i></p>	<p>Vegan shepherds pie £2.35</p> <p><i>(CE, G, M)</i></p> <p></p>	<p>Sicilian aubergines stew with gnocchi £2.35</p> <p><i>(G, E, M, N, SD)</i></p>	<p>Sweetcorn fritters with roasted pesto vegetables £2.35</p> <p><i>(G, E, M)</i></p>
<p>Fish gumbo £2.90</p> <p><i>(CE, F, N, S)</i></p>	<p>Haddock and tomato bake £2.90</p> <p><i>(G, F, M)</i></p>	<p>Hot smoked salmon with chilli salsa £2.90</p> <p><i>(F)</i></p>	<p>Vietnamese fish hot pot £2.90</p> <p><i>(CR, F, MU)</i></p>	<p>Prawn pad Thai £2.90</p> <p><i>(CR, N)</i></p>
<p>Beef Banh mi with pickle £2.60</p> <p><i>(G, CR, E, M, MO, SE, S)</i></p>	<p>Beef with park choi mushrooms and noodles £2.60</p> <p><i>(CE)</i></p>	<p>Herby lamb burgers with beetroot mayo £2.60</p> <p><i>(G, E, F, M, MU, SD)</i></p>	<p>Pulled beef burritos £2.60</p> <p><i>(G, E, M)</i></p>	<p>Pizza 2 x slices and rocket salad £2.35</p> <p><i>(G, M)</i></p>
<p>Red wine braised duck leg with baby onions and mushrooms £2.35</p> <p><i>(CE)</i></p>	<p>Chicken wellington with madeira sauce £2.35</p> <p><i>(G, E)</i></p>	<p>Tandoori grilled vegetables with nann bread and salad £2.35</p> <p><i>(M)</i></p>	<p>Beef and pepper kebab with barbeque sauce, onion rings £2.60</p> <p><i>(G, E, F, M, SD)</i></p>	<p>Fish fingers with homemade tomato ketchup £2.60</p> <p><i>(G, E, M, S)</i></p>
<p>Allergen Key:</p>	<p>Celery <i>CE</i> Gluten <i>G</i> Crustaceans <i>CR</i> Molluscs <i>MO</i></p>	<p>Egg <i>E</i> Fish <i>F</i> Lupin <i>L</i></p>	<p>Nuts <i>N</i> Vegan </p> <p>Pork <i>PO</i> Milk <i>M</i> Mustard <i>MU</i></p>	<p>Peanuts <i>P</i> Sesame <i>SE</i> Soya <i>S</i> Sulphites <i>SD</i></p>

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